

# My packing checklist

## For Grooming

- Foundation or Tinted Moisturizer
- Concealer/highlighter
- Mascara, Eyeliner, Brow
- Lips
- Blush
- Sunscreen for face
- Gel or hair lotion
- Facewash/makeup remover
- Night face/eye cream(s)

## Toiletries

- Wet wipes
- Face wipes
- Deodorant
- Hand/body lotion
- Toothbrush/Toothpaste
- Dental floss
- Hairbrush

## For carry on

- Glasses/case
- Travel pillow
- Sleep mask
- Book
- Gum/mints
- Travel sized umbrella
- Eyeglass cleaning wipes
- Hand sanitizer
- One day supply of clothes/medication  
(in case luggage is lost)
- Snacks

## Personal

- Passport/ID
- Copies of Passport/ID  
(one to keep in luggage and one to keep at home)
- Cash
- Credit card

## Clothing

- Tops
- Pants/shorts
- Dresses
- Underwear (disposable if possible)
- Bras
- Sweater/jacket
- Swimsuit
- Socks (compression and regular)
- Shoes (black, beige, sandals)
- Pajamas
- Extra cube to store worn clothes

## First aid & hygiene

- Medication, prescriptions
- First-aid kit
- Vitamins/supplements
- Feminine hygiene products
- Cotton pads/cotton balls
- Sunscreen, sunburn lotion or ointment
- Manicure kit
- Razor
- Travel toilet seat covers

## Tech

- Portable charger (power bank)
- Phone charging cable
- Universal outlet adapter
- Ear buds (headset)
- Tripod/selfie stick

